

Trend Watch: Lush Lash Extensions

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Ladies, can you guess what spring's most coveted beauty item is this season? If you're thinking of traditional makeup, lotions, perfumes, or creams you're wrong - believe it or not, the buzz is about eyelashes - and we're not talking mascara.

Eyelash extensions are a hot [beauty trend](#) for spring in San Diego, and contrary to what some may think, they are actually low-maintenance additions that make an all-natural look easier to put together. Effortlessly chic, eyelash extensions will have you looking glam as we head into summer

when you'll most desire a low-maintenance, high-style routine.

Lash Revolution: Most of us picture fake eyelashes as those gaudy stick-ons that only last for one good fist-pumping night: reference back to your last Halloween or bachelorette party. Let that caricature of a girl leave your mind, because this year's eyelash extensions make those one-nighters look like party favors.

Described as "semi-permanent, single-strand synthetic fiber eyelashes," they come in a variety of au-natural colors that are made to blend right in with the real thing. Plus, you can get 'em on and get out in only two hours or less and then you're good to go for *60 days*. Imagine having lush beautiful lashes that you don't have to worry about re-applying for two whole months? And since the extensions are in cycle with your natural lashes, salons will offer touch up services every two to four weeks.

Today we highlighted [Barbara Rattigan's Shavasana Eyelash Extensions and Adhesives](#). Shavasana's innovative adhesive serum, *Eternal Bond*, is actually FDA approved for both cosmetic and medical use, and you can be rest-assured that her products are of top-notch quality. But luckily, in San Diego there are multiple salons and brands to try.



Get the Look: Our local pick is [The Lash Studio](#) in downtown San Diego. Solely committed to lash extensions, the studio's lash technicians are all licensed estheticians with extensive training and experience in the application process. While customers relax in a reclining chair listening to soothing tunes, silk extensions are carefully bonded with a formaldehyde-free adhesive, one at a time, directly to each eyelash, resulting in an incredibly natural yet flirty look that lasts for up to three months. Get more [details here](#)